

6 week-Quick Fix Program

Includes:

Byetta Injections for 4-weeks, supervised by Dr. Jackson

Personal and Group Training

Twice weekly


Metabolic and Nutritional Analyst

Individualized Nutrition Program

\$999.00 *Limited to First 25

What do YOU have to lose?

(Bring Your Dream Jeans)

Nutrition, Exercise and Supplementation all come together in our **6-week Quick Fix** program, giving you a plan that guarantees success. No extreme diet.....and No gym fees. Our nutrition program is individually designed for you with your lifestyle in mind and no major food restrictions. Supplementing your nutrition with  helps to curb your appetite by delaying the movement of food from the stomach into the small intestine. As a result, you will feel “full” faster and longer, so you will eat less. Operation Boot Camp’s expert trainers will customize an exercise program geared to your specific needs getting you into your Dream Jeans faster.

Contact: Dr Gail N. Jackson 310-659-2666 to get started

**Consultation not included*

“Last summer, I fit into that little orange bikini. AMAZING!”

Dr. Gail Jackson

“I never thought I’d be able to regain the body at 50 that I had at 30. Urel pushed me and I pushed back two decades!”

Linda Gardner

“In 6-weeks, I lost 14lbs and more than 4 inches off my hips and thighs. The workouts have energized me and put me on a road to success. June Boyd

